



Our Core Values

What we're all about...

Growth

Simplicity

Commitment

Competition





Our Purpose

To grow volleyball in the Northeast by training and developing athletes in a positive, professional, & growth-oriented environment.

Our Goals

- Cultivate a lifelong love of volleyball and competition
- Create a positive volleyball culture
- Develop the best teams in the region at all ages

Our Leadership Team



**Cat Dailey
Minyard**
Co-Founder &
Director



Shawn Hoyt
Youth &
Regional
Program
Director



Frog Ogilvie
Director of
Operations &
Staffing



**Garrett
Minyard**
Co-Founder &
Director



Jon Mercado
Co-Founder &
Boys Club
Director



Kate Foeman
Director of
S&C; Travel
Coordinator



**NORTHEAST
VOLLEYBALL CLUB**

Our Coaches



18-1

Frog Ogilvie



Jacob Butkus



16-1

Jon Mercado



Austin Brown



17-1

Kevin Marino



Moe Renzulli



15-1

Joe Liousfi



Brian Broesler



18-2

Henryk Teraszkiewicz

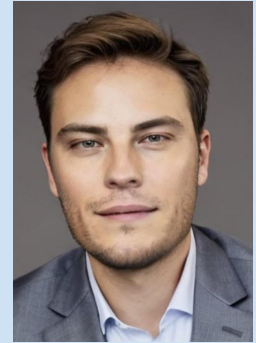


16-2

Carol Ortiz



Lucas Grevers



17-2

Ardi Kodzodziku



15-2

Sandy Doski



14-1

Betty Zhang



CJ Pllumaj

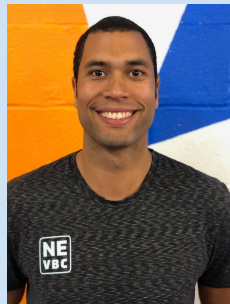


14-2

Nick Johnson



Jon Mercado



16-3

Eleni Tsaparakis



Our Home - The NAC



6 new professional-caliber courts

Taraflex flooring for superior injury prevention

Spectator area with protective netting

Athlete & parent lounge

Air conditioning and humidity control

Strength & Conditioning weight room

Indoor turf field area



Our Leadership in the Community

Making a difference off the court

USAV, JVA, & AVCA Member Club

Received 2020 AVCA Innovation Award for our work during COVID-19 pandemic

Two AVCA Convention presentations in December 2022 and December 2023

30+ athletes received financial aid from Nectar Fund & NEVBC in '22-23 season

Provided training to coaches and volleyball community on inclusive language

Launched Adaptive Volleyball in 2023





Tryouts

Tryouts Overview

- Open to all skill levels
- Closed tryout - parents may not stay and watch tryouts
- Must attend at least 1 session, recommended to attend both sessions**
- If only attending 1 session, email jon@northeastvbc.com and admin@northeastvbc.com.

*****If you cannot attend tryouts, we accept video submissions! You must register for tryouts and email your highlights and/or game film to jon@northeastvbc.com by Friday October 6 (U14-16) or Friday October 13 (U17-18) to be considered.***



Tryout Schedule - U14 , U15, U16

Session	Age Group/Times
Friday, October 6th	U14 & U15: 4:30 - 6:30pm U16: 7:00pm - 9:00 pm
Saturday, October 7th	U14 & U15: 9:00am - 12:00pm U16: 2:00 - 5:00pm
Sunday, October 8th	U14 & U15: 2:00 - 3:30pm U16: 3:30 - 5:00pm



Tryout Schedule - U17 & U18

Session	Age Group/Times
Friday, October 13th	U17: 4:30 - 6:30pm U18: 7:00 - 9:00 pm
Saturday, October 14th	U18: 9:00am - 12:00pm U17: 2:00 - 5:00pm
Sunday, October 15th	U17 & U18: 4:00 - 5:30pm

Tryouts Registration Process

- First, you must register for tryouts on our [League Apps Website](#). Please check which age group you should register for using the [2023-2024 USAV Age Definition chart](#).

*****Registration is mandatory to attend tryouts!*****

Registration CLOSES Thursday, October 5th for U14, U15, & U16!

Registration CLOSES Thursday, October 12th for U17 & U18!

Evaluation & Selection Process

We take pride in our evaluation process having integrity and being fair. Athletes will be evaluated using qualitative metrics, by a number of different coaches, over the course of their time in the gym.

We ensure a fair evaluation by briefing our staff about bias and excluding the evaluations of any athlete's current high school coach who may be part of our staff.

Evaluation & Selection Process

**Check out our Boys
Tryout FAQ for more
information!*

Four key criteria are weighed when evaluating athletes:

- 1) Current Skill Level** - "General Skills" and "Position Specific"
- 2) Physicality (i.e. height, speed, vertical jump)** - Especially on Open teams
- 3) Coachability & Mindfulness** - Ability to get feedback & make changes
- 4) Leadership & Communication** - Essential to volleyball!

Other factors: Volleyball IQ, Commitment Level, Work Ethic, & Attitude



Save the Date Pre-Tryout Clinic

Wednesday, October 4th, 6-8PM

\$20 per athlete

ALL proceeds benefit the Nectar Volley Fund,
NEVBC's 501c3 scholarship fund.

All ages and levels welcome!

[REGISTER FOR PRE-TRYOUT CLINIC!](#)



Financial Aid



EVERYONE CAN PLAY

APPLY NOW

LET'S CHAT!

www.nectarvolley.org

Application Process

Athlete's Last Name *

Athlete's Last name

Athlete's First Name *

Athlete's first name

Athlete's Birthday *

Select a date



Athlete's School *

School

Home Street Address *

Address

City *

City

State *

State

Zip Code *

Zip Code

Please specify 'Age Group' (U12, U13, U14, U15, U16, U17, U18) *

Add answer here

Parent/Guardian First Name *

First Name



Parent/Guardian Last Name

Last Name



Parent/Guardian Email *

Email



Parent/Guardian Cell Phone *

Phone



ALL Parent(s)/Guardian(s) are required to upload your 2022 IRS Form 1040 or 1040A in order to be considered for financial aid.

If you are having trouble uploading the file please take a picture or scan and email to info@nectarvolley.org.

Upload File +

www.nectarvolley.org

- All aid matched 100% by NEVBC
- Reviewed by independent board (no NEVBC coaches or directors)
- Independent of team selection process
- Applications due before tryouts
- Tax forms required

Nectar Volley Fund & Financial Aid

Ways to Donate:

- Visit www.nectarvolley.org/donate
- Venmo: [@nectarvolley](https://www.venmo.com/@nectarvolley)
- Check to Nectar Volley Fund - drop off with NAC front desk

How to Apply: www.nectarvolley.org

Questions? Reach out to the Nectar Volley board at info@nectarvolley.org

Our Boys Teams



3's Teams

Program Emphasis:

- Building effective training habits & skill development
- Having FUN through training and competition
- Equitable playing time opportunities

Team # and Roster Size:

- 1-2 teams
- Roster size: 10+ athletes

Schedule

- 20 week season (Oct 16 - Mar 9)
- 4 multi-day tournaments



Cost: \$2,900

**No additional travel or uniform fee. Athlete transportation / hotels are not included.*

U14-U18 2's Teams

Program Emphasis:

- Learning systematic play & training fundamentals
- Competitive tournament schedule with equitable playing time opportunities

Roster Size:

- 10-11 Rostered & 2-3 Practice Players

Schedule

- 20 week club season (Oct. 16/19th - Mar. 9th)
- 3x weekly practices / 1x weekly S&C workout
- 5 multi-day tournaments



Cost:

- **\$3,800**, U15 Club, U16 Club, & U17 Club
- **\$3,600** - U14 Club

**No additional travel or uniform fee. Athlete transportation / hotels are not included.*



U15-U18 1's Teams

Program Emphasis:

- Train to compete at the next level
- Exposure to tough competition with playing time based on merit

Roster Size:

- 10-11 Rostered & 2-3 Practice Players

Schedule

- 20 week club season (Oct 19th - Mar. 9th)
- 3x weekly practices / 2x weekly S&C workouts
- 6/7 multi-day tournaments



Cost:

- **\$5,100** for U17 Open & U18 Open
- **\$4,700** for U16 Open
- **\$4,300** for U15 Open
- + \$400 for AAU Nationals (*billed in May for training and AAUs in June/July*)

**No additional travel or uniform fee. Athlete transportation/hotels not included.*



Practice & Tournament Schedule



NEVBC Tournament Schedule

Home for the Holidays

Dec. 2 & 3
Fitchburg, M.A
Teams: All

Boys Winter VB Championship

Jan. 13, 14, 15
Chicago, IL
Teams: 15-1, 16-1, 17-1, 18-1

Steel City Boys Championship

Feb. 10 & 11
Pittsburg, PA
Teams: 15-1, 16-1, 17-1, 18-1

Rust Bucket Challenge

Dec. 9 & 10
Harrisburg, P.A
Teams: All Teams except 14-2
& 16-3

Florida Fest

Jan. 26, 27, 28
Ft. Lauderdale, FL
Teams: 16-1, 17-1, 18-1

NEVBC Invitational

Feb. 18 (vs. Smash)
Norwalk, CT (@ NAC)
Teams: All

AAU Atlantic City

Jan. 6 & 7
Atlantic City, N.J
Teams: All Teams

AAU Grand Prix

Feb. 3-4
Mohegan Sun, CT
Teams: All Teams except 15-1, 16-1, 17-1, 18-1

Boston Mizuno Festival

Feb. 23, 24, 25 OR Mar. 1, 2, 3
Boston, MA
Teams: All Teams

NEVBC Boys Practice Schedule

NEVBC Boys U14-1

Mondays - 4:30-6:30 pm
Thursdays - 4:30-6:30pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U14-2

Mondays - 4:30-6:30 pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U15-1

Mondays - 7:00-9:30 pm
Thursdays - 5:30-7:30pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U15-2

Mondays - 7:00-9:30 pm
Thursdays - 5:30-7:30pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U16-1

Mondays - 4:30-7:00 pm
Thursdays - 4:30-7:30pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U16-2

Mondays - 7:00-9:30 pm
Thursdays - 5:30-7:30pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U16-3

Mondays - 7:30-9:30 pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U17-1

Mondays - 6:30-9:30 pm
Thursdays - 4:30-7:30pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U17-2

Mondays - 4:30-7:00 pm
Thursdays - 7:30-9:30pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U18-1

Mondays - 6:30-9:30 pm
Thursdays - 5:30-8:30pm
Saturdays - 8-11am OR 12-3pm

NEVBC Boys U18-2

Mondays - 4:30-7:00 pm
Thursdays - 7:30-9:30pm
Saturdays - 8-11am OR 12-3pm

Strength & Conditioning



NORTHEAST

STRENGTH & CONDITIONING

1's (Open) Teams:

- Weekly Team Lifts in NAC Weight Room
- Essential Circuits (weekday practices)

2's & 3's (Club) Teams:

- Essential Circuits (weekday practices)

All Teams:

- Can register for [Northeast S&C classes](#): *Speed & Agility, Strength Training, Vert Training, & Position-Specific Training*

S&C Director: kate@northeastvbc.com



What To Expect

Weight Room Workouts:

- Building Strength & Elasticity
- Injury prevention - especially shoulder stability and the posterior chain strength and stability

Essential Circuits

- Sessions will be on court and will include training specific to each volleyball position and/or skill
- Integrating strength and conditioning into volleyball movement patterns, footwork, and skills training



Partnerships



BALLTIME

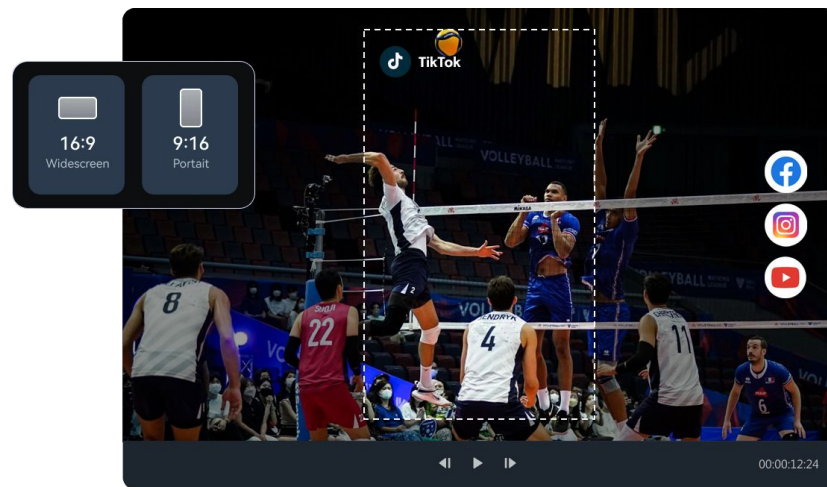


New Partnership this year

All Club & Open teams

Benefits of Balltime

- Create highlight videos faster
- Easily make Reels and vertical format videos
- Easily export to Youtube
- Comprehensive stat breakdowns & reports



College Recruiting

Our College Recruiting team helps guide athletes through the process.

- **Meetings:** Athletes can book virtual meetings via Calendly
- **Feedback:** Quick feedback on videos and draft emails
- **Exposure:** Networks of coaches
- **SportsRecruits** - *Optional add on (digital recruiting platform)*

RECRUITING LINKS

GIRLS RECRUITING **BOYS RECRUITING** **SAMPLE VIDEOS** **NCAA**

- [Search for NCAA Men's Indoor Volleyball Programs](#)
- [Search for NAIA Men's Indoor Volleyball Programs](#)
- [View all Men's Indoor programs on an interactive map](#)
- [What does it take to play Men's Collegiate Volleyball?](#)

WHERE OUR ALUMNI ARE PLAYING



Club Teams: UConn, Marist, Michigan State, Santa Clara, & Virginia Tech



Uniforms



Ren Athletics

Boy's Open Team - Mandatory Package Starting at \$0.00



FLEX CUSTOM
SLEEVELESS JERSEY -
LIGHT BLUE

+



FLEX CUSTOM
SLEEVELESS JERSEY -
ORANGE

+



FLEX CUSTOM
SLEEVELESS JERSEY -
NAVY



FLEX CUSTOM
TRAINING SHORTS -
BLACK

+



TWO-WIND JACKET -
BLACK/CHARCOAL

+

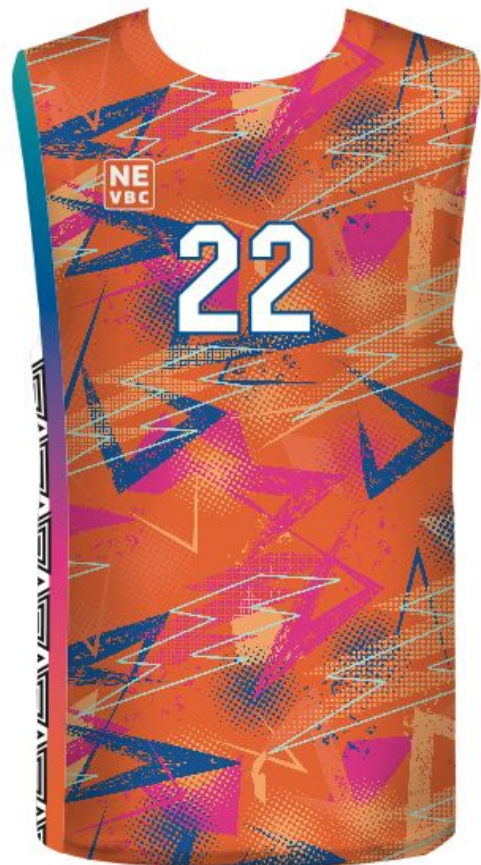


Build Bundle

*Uniform orders are
due the same day as
team placements!*









Thank you!

See you at tryouts!

