

Club Tryouts FAQs

Everything you ever wanted to know about tryouts...

What do I need to do before tryouts? What forms do I need?

1. You must **register online** before tryouts. Please check which age group you should register for **here**.
2. When you register online, you will be prompted to upload your **new** or **renewed** 2019-2020 USAV membership card (does not have to be from the New England Region), as well as your *signed* **2019-2020 USAV medical waiver**. *These two items are mandatory, and athletes will not be allowed to play without them.*

How will you evaluate the athletes and select the teams?

There are two main factors - current skill level and an athlete's ability to learn and be mindful while playing the game. We have found that ability to learn and mindfulness are the most important indicators of potential in our gym. Other factors include commitment level, position needs, "volleyball IQ," work ethic, and attitude. For team selection, we will begin to offer spots on Saturday after tryouts and finish teams by Wednesday after tryouts.

I don't see "National" and "Regional" teams. What are the different levels?

We're not using the terms "national" and "regional," as NEVBC teams play a competitive travel tournament schedule. Some teams practice 2x/weekly and some practice 3x/weekly and do strength and conditioning with Upper Deck Fitness. Read more about the different **girls** and **boys** club programs on our site!

Should I attend both tryout sessions?

We encourage you to go to both tryouts for your age, as it increases your exposure (and you'll play more volleyball!). If you can't, let us know when you register.

I'm new to NEVBC - Do I have a chance to make a team?

Yes, we welcome new athletes! If you are new, we highly recommend attending the **Pre-Tryout Clinic**.

Can I watch tryouts?

Parents may watch the last 10 minutes of tryouts, but may not go on the courts or address the courts coaches.

Do you have any tuition discounts?

Yes, we offer significant discounts for siblings and practice players! Please contact our Boys or Girls Club Directors to learn more.

Tryout Hacks

- Listen and respond to coaches' feedback - this is first for a reason!
- Communicate loudly and often with your court (even if you don't know them!).
- Pick up volleyballs! This helps the tryout run smoothly and shows you're a good teammate.
- Get to the gym 15-20 minutes early to warm up and mentally prepare for the tryout.
- Hustle everywhere during tryouts!
- Introduce yourself to the coaches.

Questions? Get in touch with our Club Directors!

Girls Club: Garrett Minyard (garrett@northeastvbc.com)

Boys Club: Jon Mercado (jon@northeastvbc.com)



NORTHEAST
VOLLEYBALL CLUB