

NORTHEAST VOLLEYBALL CLUB

FACT SHEET:

Club	Northeast Volleyball Club (NEVBC)
Address:	365 Dr. Martin Luther King Jr. Drive, Norwalk, CT 06854
Established	2018
Mission	Grow the sport of volleyball in the Northeast by training and developing athletes in a positive, professional and growth-oriented environment.

Northeast Volleyball Club Team:

Cat Dailey Minyard	Co-Founder & Director, Director of Recruiting
Garrett Minyard	Co-Founder & Director, Girls Club Director
Jon Mercado	Boys Club Director
Mark “Frog” Ogilvie	Director of Operations, Director of Summer Camps
Kate Oakes Foeman	Director of Strength & Conditioning, Travel Coordinator
Shawn Hoyt	Youth Director, Regional Program Lead
Angela Ho	Business Manager & Tryout Coordinator
Coaches	(58) Coaches, (28) Seasonal Coaches, (6) Strength & Conditioning Coaches

Training Facility:

Square Footage	52,000
# Volleyball Courts	(6) Taraflex indoor courts
# Pickleball Courts	(3) Taraflex indoor courts
Turf Field	30 x 40 Yard field
Strength & Conditioning	Varsity weight room with 3 permanent squat racks
Event Space	Team room and small event space upstairs

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Club Achievements:

Teams	<ul style="list-style-type: none"> - 2024 Nike Boston Tournament: multiple gold bracket team winners - 2022 USA Volleyball Junior National Championship: Boys 17.1 winner - 2024 JVA World Challenge (Louisville, KY): 1st Place Bronze - Girls 14.1 - 2024 Northeast Qualifier (Philly, PA): 5th Place - Girls 15.1 - 2024 Lone Star Classic (Dallas, TX): 9th Place - Girls 16.1 - 2024 Northeast Qualifier (Philly, PA): 5th Place - Girls 16.2
Individual	<ul style="list-style-type: none"> - (60+) NEVBC alumni playing/committed to playing in college (girls & boys). - (20) DI level athletes from ACC to SEC to the A-10 and more. - (9) Athletes playing in the NESCAC conference at DIII level. - (3) Athletes selected to USA Volleyball National Team Development Program - pipeline for future national team and Olympians.
Club	<ul style="list-style-type: none"> - 2020 American Volleyball Coaches Assoc (AVCA) Innovation Award. - (3) AVCA Convention Presentations given in 2022 & 2023. - (30+) Athletes received financial aid from Nectar Fund & NEVBC in '22-'23. - NEVBC Recruiting Camp connected 75+ athletes with 25+ College Coaches. - 2023 launched Adaptive Volleyball Program.

Teams & Programs:

Club Programs	<p>Girls Club Teams - Grades 5-12 (U12-U18 Open, Club & Regional Teams)</p> <p>Boys Club Teams - Grades 8-12 (U14-U18 Open and Club Teams)</p> <p>Girls In-House Teams</p>
Developmental Programs (Camps/Classes)	<p>Mini-Volley - Grades 1-4</p> <p>Middle School classes and camps - Grades 5-7</p> <p>High School classes and camps - Grades 8-12</p> <p>Fall Club - youth K-8 in-house teams</p>
Other Programs	<p>Adult league</p> <p>Open gym</p> <p>College recruiting services for all teams - showcase in June</p> <p>Pickleball</p> <p>Court rentals...</p> <ul style="list-style-type: none"> ● Volleyball courts ● Turf field for soccer and lacrosse ● Pickleball - held on volleyball courts weekday mornings ● Bespoke rentals for larger events ● NEVBC members: \$50/hr and non-members: \$75/hr

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Charity & Community Engagement:

Charity	<p><i>Nectar Volley Fund</i>: financial aid fund to help athletes play volleyball regardless of their financial circumstances. All applications are reviewed by the Board and NEVBC matches financial aid grants by 100%. In 2023, over \$60K financial support was given to NEVBC athletes.</p>
Community Engagement	<p>NEVBC supports an array of organizations...</p> <ul style="list-style-type: none"> ● Wilton High School Theater Program, Wilton, CT ● Western Middle School, Greenwich, CT ● Roton Middle School, Norwalk, CT ● Cranbury Elementary, Norwalk, CT ● Fox Run Middle School, Norwalk, CT ● Norwalk Marching Band ● Booster Clubs of local high school teams <p>Host small tournaments...</p> <ul style="list-style-type: none"> ● NCAA Scrimmage - April ● Tune-Up on the Sound Tournament - June ● High School PreSeason Tournament - Labor Day Weekend ● Nectar Volley Triples Grass Tournament - Summer 2023
Sponsorship	<p><i>Club Tigres del Volei (Columbian Team)</i>: NEVBC U18 team is raising money to bring their U17 team to the Northeast to play volleyball for 2-days. The club has 80+ kids from low-income families who use volleyball as a way to succeed and steer clear of street danger. These girls dream of the opportunity for an international volleyball experience.</p>

Contact Information:

Website	northeastvbc.com
Social Media	Instagram: northeastvbc Facebook: Northeast Volleyball
General Inquiries	203.939.7413 admin@northeastvbc.com
Court Rentals	203.604.9030 info@neathleticcenter.com
Media Contact	Catherine Scatterday 203.273.6123 catherine@hi-impactcommunications.com

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Where is the volleyball club located?

365 Dr. Martin Luther King Jr. Dr. in Norwalk, CT

How many volleyball courts does your facility have?

We have (6) dedicated taraflex indoor volleyball courts, a varsity weight room and field space available for rental. We built the premier 52K square foot volleyball training facility in the region.

What age groups do you cater to and what programs do you offer?

Club Programs:

- Girls Club Teams - Grades 5-12 (U12-U18 Open, Club and Regional Teams)
- Boys Club Teams - Grades 8-12 (U14-U18 Open and Club Teams)
- Girls In-House Teams

Developmental Programs (Camps/Classes)

- Mini-Volley - Grades 1-4
- Middle School classes and camps - Grades 5-7
- High School classes and camps - Grades 8-12
- Fall Club - youth K-8 in-house teams

Other Programs

- Adult League
- Open Gym
- College Recruiting Services + Showcase in June
- Court Rentals
- Pickleball

Who are your coaches?

Our staff brings a great diversity of volleyball experience and knowledge. We have coaches at every age group across multiple levels of teams (1s, 2s, 3s, Regional Teams). We also bring in assistant coaches for classes/camps/teams as well as practice assistants from local college programs. Many of our staff are former professional volleyball players who played collegiate or are still playing at the collegiate level (DI-DIII).

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What's your teaching philosophy?

We use a common system to train volleyball skills (set calls, defensive systems, approach and passing technique), that we “level up” as we move from U12 to U14 and up to High School. Our athletes get a consistent message and learn a systematic style of play as they go through our program. We also provide curriculum and practice plans to our coaches who run sessions for multiple teams, to create consistency and learning opportunities.

What are the registration fees and what do they cover?

Registration fees vary depending on the age group and program. They generally cover things like facility, equipment, uniforms, coaching staff and administrative costs.

- Girls Club Teams: \$2600-\$6900
- Boys Club Teams: \$2900-\$5500
- Developmental Programs (Camps/Classes): \$75-\$450
- Fall Club Teams/Programs: \$800

Do you offer beginner programs for kids who have never played volleyball?

We offer a *New Kids on the Block* program which caters to Grades 2-7 who have no experience in volleyball. We'll introduce you to the sport with fun drills and games, and you'll leave feeling more confident and wanting to play more!

Are there opportunities for advanced players to play at higher levels?

With over 600 athletes trying out for our girls program last year, the quality and skill set levels provide an array of teams and opportunities. Our 2nd/3rd/4th teams are very competitive and play with top teams from other clubs.

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Do you offer a college recruiting program?

We encourage our athletes to start the recruiting process in high school. Some start as early as 9th grade, but most between 10th-11th grade. Our recruiting guidance and resources are available to all girl and boy athletes U15+ on all Open, Club and Regional teams. We support our athletes through the process by providing...

- Resources (northeastvbc.com/recruiting)
- Host webinars
- Conduct one-on-one meetings (northeastvbc.com/recruiting/meetings)
- Host a major recruiting event in June
- Communicate with our network of college coaches about our athletes

How do you ensure the safety and well-being of your players?

Our coaches are trained in concussion and injury protocols and complete Safesport courses. We review protocols at orientation and refresh coaches frequently. On the mental health and wellness front, we train our coaches to coach in a positive format. Athletes learn better in a safe, inclusive and positive environment. We train the WHOLE athlete from the mental side of the game to being a good teammate and person. They learn life lessons through the sport of volleyball.



NORTHEAST VOLLEYBALL CLUB

Cat Dailey Minyard Co-Founder & Director

After a decorated playing career, co-founder and director Cat Dailey Minyard, is passing along her volleyball expertise to the next generation of athletes in the Northeast. Cat has previously been an assistant coach for her alma mater, Yale University, as well as Amherst College. She is now the ESPN+ broadcast analyst for the Yale women's volleyball home matches. She is also a Lead Coach for Gold Medal Squared, the leaders in volleyball coaches' education and training, and has presented at the AVCA Convention on the topics of college recruiting and club management. In 2023, Cat was named to the JVA Board of Directors.

Before founding Northeast Volleyball Club (NEVBC) with her husband Garrett, Cat played professional volleyball in the Italian Serie A league for Volley Millenium Brescia, leading her team to a 25-7 record and winning the 2018 Italian A2 Championship. Before Italy, Cat completed her master's degree in Entrepreneurship at Durham University in the U.K., while also leading Durham to two national championships and capturing league MVP honors.

Originally from Southern California, Cat was a Top 20 college recruit nationally after competing at the highest level of club volleyball with Laguna Beach Volleyball Club. She played for Cal Berkeley for two years, including an NCAA Final Four appearance in 2007, before transferring to Yale. At Yale, Cat was the unanimous selection for the 2008 Ivy League MVP and an AVCA All-Region honoree, and she led the team to an NCAA tournament postseason win over Ohio.

As a coach, Cat specializes in developing athletes with a high "volleyball IQ" who understand how the game works at the highest levels. At Northeast, Cat guides the NEVBC Directors and has served as Head Coach at the U12, U14, U15, U16, and U17 Girls levels, as well as assistant coaching in the Boys Club program. Cat is also the NEVBC Director of College Recruiting, where her goal is to find the right fit for all Northeast athletes who want to play after high school. In that role, Cat has helped over 60 NEVBC athletes go on to play in college since 2018 at all levels, from the ACC to the Patriot League to the NESCAC.



NORTHEAST VOLLEYBALL CLUB

Garrett Minyard Co-Founder & Director

Garrett Minyard, co-founder and Director of Northeast Volleyball Club (NEVBC), brings over a decade of extensive volleyball coaching experience and valuable connections to our club. Garrett's efforts as a coach and director have been well recognized as he was a recipient of the AVCA 30-Under-30 Award in 2019 and the AVCA Innovation Award in 2021. Garrett has presented at the AVCA Convention.

Before establishing NEVBC, Garrett spent a transformative year in Italy coaching in the Italian Serie A2 league. During this time, he played a pivotal role in helping Volley Millenium Brescia secure a National Championship, gaining invaluable insights into professional team management.

Prior to his time in Italy, Garrett earned a Master's degree in Human Resource Management from Durham University in the U.K. While there, he served as the head coach for Team Durham Men's Volleyball and assisted Team Durham Women's Volleyball, contributing to their capturing of both the British University and National League championships that season.

Originally from Long Island, Garrett played Division I volleyball at Sacred Heart University, where he served as Team Captain for both the 2012 and 2013 seasons. After graduation, Garrett transitioned to full-time coaching at CPAC Volleyball Club, eventually becoming the Club Director for two highly successful seasons before moving overseas.

As a coach, Garrett is dedicated to developing young athletes into leaders both on and off the court, emphasizing high-level competition in all training sessions. His technical expertise and ability to enhance athlete performance are of the highest caliber. Garrett oversees NEVBC's coach training and curriculum development and leads all practice planning for our 2's and 3's teams.

In addition to his roles at NEVBC, Garrett serves as the Volunteer Assistant Coach for NJIT Men's Volleyball in Newark, NJ.

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